



Advanced Imaging Newport Coast

Patient Information

CT ABDOMEN & PELVIS (SMALL BOWEL STUDY) WITHOUT I.V. CONTRAST

Pregnancy : If you are pregnant, CT is not recommended for you

ATTIRE : No restrictions
ARRIVAL TIME : 1 hour prior to scheduled exam
OTHERS : Bring previous films and/or reports related to your examination.
EXAM LIMITATION : 400 lbs. body weight
DIET :

DAY BEFORE THE EXAM

- Light Dinner (no dairy products or oily food)
- Nothing b mouth after 9pm
- Drink 1x full bottle of oral contrast provided

DAY OF EXAM

- No breakfast (if you are diabetic, you may eat plain cracker, plain tea/coffee – no dairy products or oily food)
- **1 hour before exam**, drink 2nd full bottle of oral contrast
- **30 min before exam**, drink half of the 3rd bottle of oral contrast
- **1 min before exam**, drink remaining half of the 3rd bottle of oral contrast

We look forward to providing you with the best service possible. Should you have further inquiries, please reach us at (949) 644-4100.