



Advanced Imaging Newport Coast

Patient Information

CT VIRTUAL COLONOSCOPY

Pregnancy : If you are pregnant, CT is not recommended for you

ATTIRE : No restrictions
ARRIVAL TIME : 15 minutes prior to scheduled exam arrival
OTHERS : Bring previous films and/or reports related to your examination.
EXAM LIMITATION : 400 lbs. body weight
DIET :

DAY BEFORE THE EXAM

Breakfast no sugar milk or cream
Noon light lunch; clear soup (any broth); unsweetened fruit juices; plain Gelatin (no fruit or other additives); black coffee or plain tea; no milk or cream.

1:00 – drink 1 glass of water (8 oz.)
2:00 – drink 1 glass of water (8 oz.)
3:00 – drink 1 glass of water (8 oz.)
4:00 – drink 1 glass of water (8 oz.)
5:00 – liquid dinner; clear soup (any broth); unsweetened fruit juices; plain gelatin (no fruit or other additives); black coffee or plain tea; no milk or cream.
5:30 – drink entire bottle of Magnesium Citrate Oral Solution
6:00 - drink 1 glass of water (8 oz.)
7:00 - drink 1 glass of water (8 oz.)
8:00 - drink 1 glass of water (8 oz.)
9:00 - drink 1 glass of water (8 oz.)
9:30 – take all 4 Biscodyl tablets (one at a time) with 1 glass of water

DO NOT CHEW TABLETS

DAY BEFORE THE EXAM

Nothing to eat or drink.

1 hour before exam : before leaving your house, insert Biscodyl Suppository as follows :

1. remove suppository from package – discard foil
2. lie on your side, thigh raised, and insert suppository into rectum. Push as high as possible
3. retain suppository for at least 15 minutes, if possible

Bowel evacuation usually occurs within 15-60 minutes.

We look forward to providing you with the best service possible. Should you have further inquiries, please reach us at (949) 644-4100