



Advanced Imaging Newport Coast

Patient Information

CT ANGIOGRAPHY OF THE HEART

Pregnancy : If you are pregnant, CT is not recommended for you

ATTIRE : No restrictions
ARRIVAL TIME : 1 hour before exam
OTHERS : - Bring previous films and/or reports related to your examination

Please take a moment to check your heart rate :

- be as relaxed and rested as possible
- place right index finger and middle finger on your left wrist
- count the number of beats per minute; add 5 to the number of beats per minute
- repeat 3x and note your average heart rate per minute

Please inform our staff of the following :

- your average heart rate per minute
- if you have been diagnosed with asthma
- if you have been diagnosed with atrial fibrillation, tachycardia
- if you have high/irregular heart rate
- if you had any heart/chest surgeries

Should there be a need to provide you with a medication to slow your heart rate, you will need someone to drive you to and from our center.

EXAM LIMITATION : 400 lbs. body weight; irregular heart rate

DIET :

DAY BEFORE EXAM

- Avoid beverages, medications or other products containing caffeine and other stimulants
- Drink plenty of water
- **Take 1x tablet of Beta Blocker provided to you no later than 9pm**

DAY OF EXAM

- Avoid beverages, medications or other products containing caffeine and other stimulants
- Drink plenty of water
- **Take 2nd tablet of Beta blocker provided to you in the morning**
- Nothing to eat or drink 4 hours before exam

I - Recent Lab works (BUN/CREATININE LEVEL) No later than 90 days, if you are :

- 65 years and older
- Have a history of allergy to iodine
- Have a history of renal insufficiency or disease
- Have high blood pressure
- May be pregnant
- Diabetic and taking the following medication(s) :

- | | |
|---------------------|--------------------|
| - METFORMIN | - FORTAMET |
| - GLUCOVANCE | - RIOMET |
| - GLUCOPHAGE | - AVANDAMET |

(or any medication containing **METFORMIN**)

II - If you are taking any diabetic medication listed above, please inform one of our staff.

You will be requested to stop taking any of the medications listed above 24 hours before your scheduled exam. You will also be advised not to take it 48 hours after the exam.

Please inform your doctor that you have been asked to stop taking your medication (listed above) 24 hours before and 48 hours after your exam.

You may resume taking it only after your physician has advised you to.