



Advanced Imaging Newport Coast

Patient Information

CT ABDOMEN & PELVIS WITH AND WITHOUT I.V. CONTRAST

Pregnancy : If you are pregnant, CT is not recommended for you

- ATTIRE :** No restrictions
ARRIVAL TIME : 15 minutes prior to scheduled exam
OTHERS : Bring previous films and/or reports related to your examination.
EXAM LIMITATION : 400 lbs. body weight
DIET :

DAY BEFORE THE EXAM

- Light Dinner (no dairy products or oily food)
- Nothing b mouth after 9pm
- Drink 1x full bottle of oral contrast provided

DAY OF EXAM

- No breakfast (if you are diabetic, you may eat plain cracker, plain tea/coffee – no dairy products or oily food)
- **1 hour before exam, drink 2nd full bottle of oral contrast**

I - Recent Lab works (BUN/CREATININE LEVEL) No later than 90 days, if you are :

- 65 years and older
- Have a history of allergy to iodine
- Have a history of renal insufficiency or disease
- Have high blood pressure
- May be pregnant
- Diabetic and taking the following medication(s) :
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- | | |
|---------------------|--------------------|
| - METFORMIN | - FORTAMET |
| - GLUCOVANCE | - RIOMET |
| - GLUCOPHAGE | - AVANDAMET |

(or any medication containing METFORMIN)

II - If you are taking any diabetic medication listed above, please inform one of our staffs.

You will be requested to stop taking any of the medications listed above 24 hours before your scheduled exam. You will also be advised not to take it 48 hours after the exam.

Please inform your doctor that you have been asked to stop taking your medication (listed above) 24 hours before and 48 hours after your exam.

You may resume taking it only after your physician has advised you to.

We look forward to providing you with the best service possible. Should you have further inquiries, please reach us at (949) 644-4100.